

Propædeutics Time Table

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
06:30 Wake up	06:30 Wake up	06:30 Wake up	06:30 Wake up	06:30 Wake up	06:30 Wake up
07:00 Morning prayers & meditation	07:00 Morning prayers & meditation	07:00 Morning prayers & meditation	07:00 Morning prayers & meditation	07:00 Morning prayers & meditation	07:00 Morning prayers & meditation
07:45 Breakfast	07:45 Breakfast	07:45 Breakfast	07:45 Breakfast	07:45 Breakfast	07:45 Holy Mass
08:30 Mtg. Rector (fortnightly)	08:30 Work in the community	08:30 Thursday planning meeting	08:30 Spirituality	08:30 Social work	08:15 Breakfast
09:30 Coffee break		09:15 Coffee break	09:30 Planned free time		Leave for home
10:00 Latin		09:45 Community meeting / seminar ²			
11:15 Study / personal time			(12:30 Lunch)		
12:30 Lunch	12:30 Lunch	12:30 Lunch	Planned free time	12:30 Lunch	
13:00 Rest	13:00 Italian lesson	13:00 Rest	15:30 Showers	13:00 Rest	
14:30 Sports / walk	14:00 French lesson	14:30 Sports / walk	16:15 Spiritual reading	14:30 Sports / walk	
15:30 Showers	15:00 Coffee break	15:30 Showers	16:45 Study / personal time	15:30 Showers	
16:15 Spiritual reading	15:30 Spiritual reading & personal prayer	16:15 Spiritual reading & personal prayer	19:00 Holy Mass & Adoration with Seminarians	16:15 Coffee break	
16:45 Coffee break		16:45 Study / personal time	20:30 Supper with seminarians	16:30 Spiritual reading & personal prayer	
17:00 Spirituality	16:30 Lectures	18:15 Holy Mass	21:00 Free time with seminarians	17:30 Lectures	
18:15 Lectures¹	18:30 Showers	19:00 Lectures	22:00 Sharing	19:45 Holy Mass	
19:45 Holy Mass	19:15 Holy Mass	20:30 Supper	22:30 Examination of conscience & preparation of meditation points	20:30 Supper	
20:30 Supper	20:30 Supper	21:00 Free time	23:00 Retire	21:00 Free time	
21:00 Free time	21:00 Free time	22:00 Sharing		22:00 Sharing	
22:00 Sharing	22:30 Examination of conscience & preparation of meditation points	22:30 Examination of conscience & preparation of meditation points		22:30 Examination of conscience & preparation of meditation points	
22:30 Examination of conscience & preparation of meditation points	23:00 Retire	23:00 Retire		23:00 Retire	
23:00 Retire					
					Sunday
					21:00 Arrive from home
					21:30 Sharing; Examination of conscience & preparation of meditation points
					23:00 Retire

¹ Lectures include: Aspects of the Faith, Liturgy. Scripture, Sacred art, History of the Church in Malta, The Diocesan Synod.

² The community meeting consists of the expression of one's emotions; Seminars are working groups on spirituality and human formation.